

***Gamblers Anonymous Meetings***  
***Ottawa, Eastern Ontario, and the National Capital Area***  
***(613) 567-3271***  
***www.gamblersanonymousottawa.org***

***Ottawa Area Meetings***

Date/Time	Location	Details
Monday 7:30 pm	<b>Ottawa</b> - Resurrection Of Our Lord Church 1940 Saunderson Drive	Closed meeting, Open meeting last Monday of the month Gamanon meets in a seperate room
Tuesday 7:00 pm <b>End of Denial</b>	<b>Ottawa</b> - 1st Baptist Church 140 Laurier Avenue West	Open Beginner Meeting <i>Enter via handicap accessible door on Laurier Street</i>
Tuesday 7:30 pm <b>Step by Step</b>	<b>Kanata</b> - Community Christian Reformed Church 46 Castlefrank Road	Open Step Meeting
Wednesday 7:30 pm	<b>Ottawa</b> - Alexander Community Centre 960 Silver Street	Open Meeting
Thursday 7:00 pm	<b>Orleans</b> - Community Pentecostal Church 1825 St Joseph Blvd	Open Meeting
Thursday 7:30 pm	<b>Kanata</b> - Community Christian Reformed Church 46 Castlefrank Road	Open Meeting
Friday 7:30 pm	<b>Ottawa</b> - Heron Community Centre 1480 Heron Rd. 3 <sup>rd</sup> floor (Ridgemont Room)	Closed Step and Unity Meeting
Saturday 1:00 pm	<b>Ottawa</b> - McNabb Community Centre 180 Percy Street	Open Meeting
Sunday – 2:00 pm	<b>Ottawa</b> - Hintonburg Community Center 1064 Wellington Street	Open Meeting
Sunday – 7:00 pm	<b>Ottawa</b> - Gloucester Presbyterian Church 91 Pike Street	Closed Meeting <i>Entry is by the back door, you will need to knock if arriving after 7</i>

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***Eastern Ontario/National Capital Area Meetings***

Date/Time	Location	Details
Monday 8:00 pm	<b>Pembroke</b> St John's Lutheran Church 357 Miller Street	Open Meeting  <i>Enter by main door of church on miller street</i>
Monday 7:30 pm	<b>Smith Falls</b> Old Smith Falls High School 173 Elmsley Street North	Open Meeting  <i>Enter by door next to gazebo</i>
Tuesday 7:30 pm mardi 1930hr <i>(french)</i>	<b>Gatineau</b> Centre Paroissiale St. Rosaire 5 rue St. Arthur	Closed Meeting  <i>cette reunion se tient en francais</i>
Tuesday 7:30 pm	<b>Cornwall</b> Starlight Building 343 Pitt Street	Open Meeting
Thursday 6:30 pm	<b>Kingston</b> Frontenac Community Mental Health 552 Princess St.	Open Meeting  <i>Please use Alfred Street side entrance</i>
Thursday jeudi 1930hr <i>(french)</i>	<b>Gatineau (Hull Sector)</b> L'eglise Notre Dame de Lorette, 45 rue Prevost.	reunion      Ouvert  <i>cette reunion se tient en francais</i>

*Closed Meeting*  
*Open Meeting*  
*GamAnon*  
*Step Meeting*

*meetings are for those suffering from a compulsive gambling problem*  
*All are welcome*  
*Meetings for those affected by someone with a compulsive gambling problem.*  
*Meetings concentrate on one of the 12 steps of recovery*